



EGD (Esophagogastroduodenoscopy) Instructions

Please read well in advance of your procedure

1. **Diet restrictions:**

- 0-6 hours prior to your arrival: NOTHING at all by mouth. No food, drink, candy, gum, mints. If you must take a medication, take it with a SMALL sip of water.
- 6-8 hours prior to your arrival: No food, milk products or juice with pulp. You may have any kind of soda, black coffee or tea with or without sugar or artificial sweetener, water, lemonade without pulp, ice pop, gum, hard candy and medication.
- 8 or more hours prior to your arrival: NO RESTRICTIONS on food or drink

2. **Medications:**

- You MAY TAKE aspirin and anti-inflammatory medication including ibuprofen, Advil, Motrin, Naprosyn, Voltaren, Aleve, Celebrex and others.
- IF and only if your Cardiologist, Primary Care Physician or other prescribing doctor allows it, you should stop Coumadin, Warafarin, Pradaxa, Xarelto, Eliquis, Plavix, Clopidrel, Effient, or Brillinta before your procedure. The prescribing doctor must indicate the number of days allowed off of the medication prior to the procedure. If the prescribing doctor does not allow you to stop the medication at all, please notify your GI doctor at MAGIC ASAP so that appropriate medical decisions can be made. (Call 302-225-2380 OPTION #2 or leave message at extension 351.)
- With the exception of potent blood thinners, listed above, you may take all medicines on the day of your test and you should take the medication as early in the day as possible. If you must take a medicine within 6 hours of your procedure, swallow only a small sip of water with your pill(s).

3. **Driving Restrictions:**

- You cannot drive on the day of your procedure, once you have received sedation. You may drive the morning after your procedure. You may take a bus or taxi home ONLY IF you are accompanied by someone who is at least 18 years of age.
- The facility often requires your driver to sit and wait for you throughout the procedure. If your driver cannot stay, your procedure may be cancelled, depending on the facility's policy.

4. **Cancellation Policy:**

- Your GI doctor, nurse and anesthesia providers have reserved your appointment time just for you. Therefore, you will be charged a \$100 cancellation fee if you cancel or reschedule your procedure within 4 business days prior to your appointment.
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If you have any questions, please call the MAGIC office at 302-225-2380 OPTION #2 or leave a message at Extension 351.